

CELEBRATING 12 YEARS OF WINDSOR CHEER!!

WHY CHOOSE NORTHSTAR CHEER?

Thousands of young athletes around the world are now participating in the sport of competitive All- Star Cheer! While they are involved in “Cheer”, they are learning the important life skills of teamwork, co-operation and dedication; all while participating in one of the most challenging and rewarding sports available today! All-Star Cheer includes tumbling, Dance and intricate choreography including level appropriate pyramids and high-flying stunt. **NO EXPERIENCE IS NECESSARY!** Desire, effort and teamwork are all it takes to be successful! ******Competitive Cheer is scheduled to become the next new addition to the Olympics!**

- Northstar Cheer is the first organization in Windsor to offer competitive All Star cheerleading to the athletes of Windsor and Essex County. We are the only “made for cheerleading” facility in the area. Cheerleading is all we do and we do it very well.
- There is a program for everyone! All athletes are placed on a team according to their age, Skill level and the amount of commitment you are willing and able to give to Northstar Cheer. All of our teams are important and will be treated the same by all of our staff.
- “We Are Family” at Northstar. We are a family run organization and all who enter become a part of our family. We have family rates that make the sport affordable for all who love cheer and their sisters and brothers, too. Our prices are very affordable because we realize that Cheerleading is a financial commitment. We want every aspiring cheerleader to have the opportunity at this amazing sport.
- We offer unlimited tumbling classes to all of our registered athletes for the low price of \$40 per month. Tumbling is an important part of cheerleading and requires athletes to improve their skills as they move to higher levels of cheer. We offer two tumbling classes per week and occasionally, specialty tumbling classes that will concentrate of specific skills for each level.

We are offering 3 programs level to accommodate all commitment and income levels.

Local Competitive (All Star Prep teams)

- 2 hour practices, one day per week.
- Open to all athletes age 6 and up
- There will be no overnight travel for this level however, travels to the U.S. for competitions required.
- The sessions will run from September to January, and January to May

- 3-5 competitions per year. Competitions are not mandatory. You must notify the coaches 30 day prior to the event if you will not be participating.
- Competitions will be paid for on a per competition basis. If you have not paid the fee 30 prior to the event your athlete will not be entered in the competition.
- Tuition fees are paid per session at registration or monthly by direct withdrawal.
- A membership fee of \$175 is due upon registration.
- Athletes may leave the program with 30 days notice with no penalty

Semi travel All Star Competitive Teams (All star Teams)

- 2 practices per week
- Opened to all athletes age 4 and up
- Limited overnight travel. Travels to the U.S. for competitions required.
- Your commitment to this team will be from July to April.
- There will be 5-6 competitions during the season.
- Attendance at skills clinic and choreography session is required. The choreography fee will be charged to all athletes on the team.
- An additional competition may be added upon qualification
- **All tuitions and competitions fees must be paid by direct withdrawal or preauthorized credit card payments only.**
- A \$300 membership fee is required upon registration.
- Uniform and practice attire must be purchased.
- All competitions are mandatory.
- All athletes who leave the program within 30 days of a competition will be charged a \$200 withdrawal fee. Preauthorization for this fee is required.

Full competitive All star Teams (Summit Stream teams)

- A tryout and a full year commitment are required for these teams
- Member will have 2-3 practices per week with an additional tumbling class required
- Travel and overnight accommodations will be required.
- Your commitment to this team will be from July to April

- There is a \$250 withdrawal fee for anyone leaving the team after choreography has been purchased. Preauthorized payment is required for this fee.
- Attendance at skills clinics and Choreography sessions is required.
- All tuition and competition fees must be paid by direct withdrawal or preauthorized credit card payments only.
- All Competitions are mandatory
- A uniform and practice attire must be purchased
- A \$325 registration fee is due upon registration. There will be a 25% discount for additional family members in this program.

THE EVALUATION PROCESS “TRYOUTS”

The evaluation process is fun and relaxed. Athletes will have the opportunity to meet the staff and begin forging bonds with their fellow participants. Applicants will learn a short dance that they will perform in small groups on evaluation day. We will also evaluate their gymnastics, and tumbling skills. **Everyone is placed on a team.** Please remember that many factors will go into the decision of where each athlete is placed. Keep in mind that all NSC teams are build to compete at a high level.

- **Age:** the age cutoff date for eligibility for 2014-2015 is August 31st, 2017. Athletes may be moved to an older age group at the discretion of the coaching staff. You must be 12 years of age to be eligible for consideration for a senior team.
- **Age Grid:** Pre competitive tiny prep, 3-4 years of age
 - Tinys, 4 to 6 years of age
 - Minis, 8 years of age and under
 - Youth, 11 years of age and under
 - Junior, 14 years of age and under
 - Senior, between 12 and 18 years of age
 - Open Competitive team, 16 and over
- Team levels are determined by the coaching staff. Each team will be placed at a level that we feel they will be able to compete safely and successfully.
- We try to match up athletes by level as much as possible, but please remember that stunting, pyramids, jumps, dance, motions and age are huge factors as well. We will

choose our teams based on the positions we need to fill (bases, flyers, tumblers, etc.)
Every athlete is on the team for a reason—Please, Trust Our Staff!

- **Tumbling guidelines per level:**

Level 1: rolls and walkovers front and back, cartwheels, round-offs

Level 2: walkovers front and back, Back and front handsprings (series and standing)

Level 3: Jumps to Handsprings, Back tuck in series, front tucks (punch and series)

Level 4: Standing tucks, standing BHS to tucks or layout, layout series, complex passes

Level 5: Twisting flipping skills in series and standing, Jumps to back tuck, Series ending in twisting skills.

REGISTRATION AND FEES

Your athlete will not be considered in team activities or choreography if they are not registered. The following must be submitted for registration:

- Northstar Cheer Information and waiver form
 - Northstar Cheer rules and regulations form
 - Northstar cheer financial commitment acknowledgment form
 - Payment authorization form with Void Cheque
 - Membership fee (registration fee included)
- All tuition and Competition fees must be paid by direct withdrawal or preauthorized credit card charges. All fees will be paid to Northstar Cheer Inc. You must submit a VOID cheque or credit card information at registration along with a payment authorization form. The total amount due will be divided into 7 equal payments from August to February. **All payments will be withdrawn on the 10th day of each month. There will be a \$25 charge for all payments that are returned by the bank NSF.**
 - **Sibling discount:**
 - 2 athletes= 25% discount for 2nd child off of your tuition and tumbling fees only.
 - 3+ athletes= 2 @ full tuition, 3rd athlete Free tuition! Additional siblings %25 discount!
 - ***There are no discounts on registration or competition fees!***
 - **Mandatory parent meetings will be held during the first week of competitive team practices.** All parents are expected to attend one of these meeting in order to make sure all rules and procedures are completely understood. ***If you are unable to attend**

one of these meetings you are responsible for ensuring that you understand all rules and financial commitments.

- **Northstar Cheer Parents Club.** Fundraising opportunities will be offered to each family to offset the cost of competitions and other team related expenses. The fundraising proceeds can help with all expenses during the season. You are not required to participate in fundraising activities unless you are on a “bid” Qualifying team. Funds will be transferred to NSC Inc. for payments due and will be credited to the last payment due. **There will be a once per year \$20 fee for all family wishing to participate in fundraising activities.**
- **Uniform:** Our uniforms are custom made to fit each athlete. A deposit of \$150 is required at the time the uniform order is placed. Full competitive team uniforms run approximately \$300. A full listing of optional and required uniform items will be available at during registration. Prep Team competitive uniform total cost is approx. \$100.
- **Choreography/Music:** The cost of Choreography has been added to your membership fee. Because of new industry wide rules governing the production of music for competitive cheer routines, an additional music fee will be required at a later date. This cost will not exceed \$100 per athlete, pre routine. Our music is custom made to enhance the routines that our choreographers produce.

IMPORTANT INFORMATION ABOUT TEAM TRYOUTS

- **Evaluations (tryouts):** There is a \$25 tryout fee for all members, CASH ONLY!

***Returning Athletes:** All returning athletes who bring 2 people in with them for evaluations will not be required to pay the tryout fee. Athletes who have been members for more then 5 years will not be required to pay the fee and will receive \$15 off of the level training fee if they bring 2 people for evaluation.

***THE TRYOUT FOR ALL ATHLETES IS SATURDAY APRIL 22ND**

Athletes AGE 12 AND UNDER 10:00-12:00 (new and returning),

Ages 12 -TO 18 12:00- 2:00PM (new and returning, ALL LEVELS)

**If you are unavailable for tryout dates and times please call to arrange a private evaluation time.*

Levels training

MAY 8TH THROUGH MAY 27TH

Before being placed on a team all athletes will be placed in a level training group for three weeks in MAY. June training is required for all Semi and full competitive athletes. There will be 2 practices per week for each level for the month of June. It is important for us to be able to thoroughly evaluate an athlete skills and potential before final team placement are made. Training camp fee is \$75 (plus HST). A tentative level training practice schedule will be posted on our website calendar. Payments must be made during the first week of the training period. Payments will be accepted at the gym during class times.

**If you are unavailable for tryout dates and times please call to arrange a private evaluation time.*

Team Registration:

There are 3 registration dates for all Northstar teams,
Saturday June 3rd, from 10:00am to 2:00pm.
Monday June 5th and Tuesday June 6th from 5:30 to 7:30pm.

Mandatory parent information meetings will be held during the first week of competitive team practices. The meetings will take place during your athletes practice time.

- **Team practices begin the week of June 5th.** A tentative team summer practice schedule will be available on our website calendar after tryouts. You will also receive the summer tumbling class schedule at that time. Teams will be practicing in 3-week sessions with two-week breaks between sessions. A full summer practice schedule will be available on our website calendar as soon as all dates are confirmed.

OTHER IMPORTANT INFORMATION

- **Northstar Cheer Parents Club:** The parents club is a separate, not for profit, fundraising organization put in place to benefit the members of Northstar Cheer Inc. The main goal of this organization is to provide fundraising opportunities to offset the cost of competitions, uniforms and other cheer related expenses. **This is a volunteer board and all active members work very hard to make your time with Northstar cheer run as smoothly as possible. Please make sure that you are courteous and respectful when dealing with our parent's club members.**
 - **Team Reps:** Each team will have a team Rep.. A team Rep. acts as a liaison between the parents, coaches and the parents club. Your team rep will need all of your contact information to make sure you are aware of all activities,

fundraisers, and important information bulletins about your team. Your team rep assumes the authority position when coaches are not available and they are responsible for making sure all athletes are present and accounted for at competitions and other team functions. **Team reps will be nominated and voted upon.**

NSC CONTACT INFORMATION

Address: 3545 Walker Road

Gym Phone: 519 966-4360; Email: northstar_cheer@yahoo.ca

Website: www.northstarcheer.info FB: Facebook.com/northstar.cheer

Cell Phone: 519 982-2135 (for emergency use only)

Parents Club Email: nscparentsclubinc@hotmail.ca

All information will be communicated by

- 1) Hardcopy posted at the gym
- 2) Through emails from your parent reps or the Secretary of the NSC Parents Club Board
- 3) On Facebook and on our website.

Parents should make sure they are receiving information from the parent rep. on a regular basis.

ADDITIONAL FEES WILL BE REQUIRED FOR STUNT, TUMBLING AND CHOREOGRAPHY CLEAN UP SESSIONS DURING THE YEAR. SOME OF THESE CLINICS ARE OPTIONAL, OTHERS ARE MANDATORY. YOU WILL BE NOTIFIED WHEN ADDITIONAL PAYMENTS ARE REQUIRED.

Team Commitment Requirements

Competitive all Star Cheer is a very specialized sport that requires each member of the team to be available for practices to make the team successful. We require that all upper level full competitive team members make a commitment to the team for the full competitive year. The quality of the performance requires everyone to be at practice and ready to work for every accomplishment. Unlike soccer or basketball we do not have spare athletes who can come in and do the spot required if an athlete is unable to attend. The choreography is such that if a member is not in attendance for a number of

practices, the routine and all teammates will suffer. We will grant excused absences for some school functions and important scholastic opportunities however; all practices are mandatory! We at Northstar Cheer realize that there are unforeseeable circumstances that make it unavoidable to miss practice however, we expect each athlete to be primarily committed to our teams. If you are unable to make the commitment required for our full competitive teams, we are offering half year, local competitive teams for you to participate on that do not require a full season's commitment. Some Local competitive athletes will be asked to act as alternates for the full competitive team if they are willing to do so.

Thank you for your interest in Northstar Cheer Competitive Cheerleading programs. We hope to make our family stronger with every season and would love to have you as a part of our programs.

Thank you and have a great Day